



“It is not the years  
in your **life** that  
...it is the **life** count...  
in your years”

*Sue Belton*

CLARITY & CHANGE

Certified Life Coach CPCC, ACC

Personal and professional life coaching,  
to achieve clarity, focus, and motivation...  
and live the life you really want.



Sue Belton is a Certified Life Coach whose passion is to help people find clarity, focus, motivation, and get the most out of life – both personally and professionally.

Sue does this by working with her clients so that they are crystal clear about which direction to take next, and the life they want to create. She gives them so much motivation and support – that they can't help but make it happen.

### **Key benefits reported by Sue's clients:**

- \* clearer direction / more focused
- \* motivated / inspired
- \* improved work / life balance
- \* feel more in control
- \* improved relationships – both at home and at work
- \* greater confidence and self-esteem
- \* career / business progression
- \* achievement of short-term and long-term goals
- \* greater feelings of joy and happiness
- \* a sense of fulfilment and purpose in life

“In less than 3 months of coaching with Sue I'm achieving things in my life I wouldn't have been brave enough to tackle for several years” **Trupti Patel, Kush Digital Photography**

Sessions are £75 for 45 minutes. This price includes unlimited email and short telephone call support.

Contact Sue for more information or to book a FREE consultation with this leaflet: **call** 07931 996854 **or** 0208 347 6572 **or visit** [www.suebelton.com](http://www.suebelton.com)

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